



Family Works Northern helps children, young people and families experiencing challenges including trauma, food shortages, housing issues, family violence, anxiety and health and wellbeing.

We aim to support whānau to:

- overcome the effects of abuse and trauma
- prevent and support recovery from family violence
- develop parenting skills
- provide support to understand and work with challenging behaviour
- help children and young people make positive changes
- increase confidence and self-esteem for children and young people
- strengthen family relationships
- empower families to develop their own resources and resilience
- enable children and their families to connect with their communities
- achieve food security
- come and receive free budgeting advice and financial mentoring.



Our Services

Family Works provides services to the northern region from Whangārei to Taupō including:

- counselling and social work services, including social workers in schools
- parenting programmes including *Incredible Years*, *Parenting Through Separation* and *Parenting in Prisons*
- counselling and programmes for children or tamariki and women affected by family violence
- connecting with government agencies and other community service organisations
- intensive support for tamariki, working with whānau to improve children's health, learning and relationships (Waitematā)
- a financial mentoring service that helps people to better understand how to manage money, become debt-free and be smarter with their finances (Auckland only)
- We are part of Presbyterian Support Northern's social services, which also include Lifeline and Shine.

Our Partners

Family Works engages with a number of Government agencies and community organisations to achieve our goals more effectively, including Oranga Tamariki, Ministry of Social Development, Ministry of Education, and Ministry of Justice, healthcare providers, other community service providers and many more.



Social Workers in Schools

Family Works social workers are based in schools to support children and their families who may be experiencing challenges at school or at home.

Social Workers In Schools are there to support children and their families to identify and remove barriers that prevent children from reaching their full potential in education.

We provide a range of programmes including wellbeing, anti-bullying, improving resilience and overcoming anxiety delivered to groups in schools and work with children individually and with their whānau.